CHALLENGE ACCEPTED:
HIT THE TRAILS



RUN, JOG, WALK, OR STROLL

Complete the eight hikes for the **FREE** challenge listed here and use the QR code at the bottom of his sheet to register (or visit jcparks.com/trails-less-traveled) and submit your selfie to win prizes. Each selfie counts as one entry — winners will be drawn June 1, 2026!

FROG HOLLOW

2953 W. Edgewood Drive

Enjoy part or all of the **3.1-mile loop** in the woods or hike segments of the trail near the Edgewood Greenway. This is a great hike out in the forest with rock formations to see & exciting twists and turns!

MCKAY PARK

1700 Southridge Drive

Enjoy a **0.6-mile loop** trail around Sunset Lake at McKay Park. This is a fairly flat trail that is paved and super walkable - have fun visiting with other walkers, fishers, and playground visitors!

BINDER - PROBLEM CHILD

5480 Rainbow Drive

With over 15 miles of trails, Binder Park has four hiking/mountain bike loops that make for adventurous hikes. Problem Child is a **1.6-mile trail** that bends, twists, and turns!

KATY TRAIL SPUR

927 4th Street

Explore this JC Katy Trail Spur on foot or by bike! Park at the North Jefferson playground parking lot and make your way out-and-back for a **0.9-mile walk.**

DEBORAH COOPER PARK

130 W. Capitol Avenue

One of the newer additions to JC Parks! Make your way down Bicentennial Bridge for full access to the riverfront park with paved paths, hammocks, and photo opps on the **0.27 mile loop.**

GREENWAY WALK

JCParks.com/Greenway

JCMO has **15 miles of greenway trail** weaving through the city and into green spaces, including Community Park and Lincoln University. Visit our website for routes, mileages, and parking suggestions.

RUNGE NATURE CENTER

330 Commerce Drive

Explore the trails at Runge! These family-friendly trails vary in distance, but the entire loop is about **1.8 miles long,** with sensory stops and scenic outlooks along the way!

WILD CARD

Choose your adventure!

Hike wherever your heart desires and your feet take you - if you need help finding a trail, hit up the JC Trail Users on Facebook!

SUBMIT YOUR SELFIE OR LEARN MORE:
Scan here to submit your selfie! Visit jcparks.com or contact us at 573-634-6482. Hop online and join the "Jefferson City Trail Users" Facebook Group to connect with other hikers!

JC PARKS

THANK YOU!

TO OUR COMMUNITY SPONSORS FOR SUPPORTING #TLT2026

Ready Popped LLC

Red Wheel Bike Shop Jefferson City

Old Brick House Deli

JCMG

Hallmark Carries Hallmark

Last Flight Brewing Co. Jefferson City Missouri Est. 2020

Big W Whiskey's American Restaurant & Bar

Boulder Creek Lawn & Landscape

McDonald's

Dr Pepper Est. 1885

Dunkle Distributing

TCS Since 1947

YoYums

Julie Allen

Jefferson City Trail Users

Les Fortenberry

JC Parks

#TLT2026